

Online Safety Page – BISAK

This page is to support families with helpful tips and resources to support your children with online safety. Remember, please speak to one of the school's leaders if you have any concerns relating to keeping children safe either online or offline.

Useful information about online safety can be found here:

Six tips to improve your family's online wellbeing

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-wellbeing/>

Talking to your children about Online Safety

Many parents worry about their children staying safe when using technology. Research shows that one of the best ways to keep them safe is to talk to children about the technology they use, when they are using it. But knowing how to talk to children about technology can be challenging.



This [saferinternet.org.uk](https://www.saferinternet.org.uk) blog sets out five tips for talking to children of all ages about their technology use. These are:

- 1) Play games together
- 2) Read together
- 3) Explore the online world together
- 4) Watch shows and films online together
- 5) Laugh together

[For more information particularly relevant for children under 5, please click anywhere on this sentence.](#)
[For more information particularly relevant for those aged 4-7, please click anywhere on this sentence.](#)
[For more information particularly relevant for those aged 8-10, please click anywhere on this sentence.](#)

[For other further information, please click on this sentence.](#)



Internet Matters is another brilliant resource with helpful information regarding technology and the use of the internet with young people. We have carefully considered some key information for you to consider in the link below:

[Digital Resilience 6-10YO](#)

[Digital Resilience 11-13YO](#)

[Screen Time Tips for 5-7 YO](#)

[Screen Time Tips for 7-11YO](#)

[Thinking About Technology When Moving to Secondary School](#)

Parent checklists for apps children at BISAK say they use:

[Roblox Checklist](#)

[Instagram Checklist](#)

[Snap Chat Checklist](#)

[Tik Tok Checklist](#)

[Twitter Checklist](#)

[Yubo Checklist](#)

[More Applications and Tips Can Be Found Here!](#)